



SPRING 2010 UNITY WILDCATS



PLEASE READ ALL OF THE ENCLOSED FORMS AND OUR WEB SITE "INFO" PAGE CAREFULLY PRIOR TO UNITY WILDCATS TRYOUTS. BRING THE COMPLETED FORMS WITH YOU TO TRYOUTS. NO PLAYER WILL BE ALLOWED TO PARTICIPATE IN TRYOUTS WITHOUT PROVIDING SIGNED FORMS, TRYOUT FEE AND ALL REQUIRED DOCUMENTS TO COACH MANNION.

****IMPORTANT****: FOR INSURANCE PURPOSES, EACH PLAYER TRYING OUT MUST HAVE CURRENT AAU ADDED BENEFITS MEMBERSHIP PRIOR TO TRYOUTS AND MUST PROVIDE A COPY OF HER AAU CARD AT TRYOUTS SIGN-IN. PLAYERS CAN SIGN UP FOR MEMBERSHIP ON LINE IN A MATTER OF MINUTES AT: www.aausports.org. (Click "Join AAU Now" at right of page, then: STEP 1 - Click "Athlete: Purchase a 2010 Athlete Membership" graphic, STEP 2 - Complete all of the personal information required; STEP 3 - Choose "Youth Program", "Added Benefit Membership \$14.00", Sport "Basketball-Girls", Club Name "Unity Wildcats", Club Code "NIBWYD5KA0". Complete the rest of the required information. THE COST IS \$14.00 and you must have a credit/debit card to purchase your membership on-line.

ALL PLAYERS TRYING OUT WILL BE ASSESSED A \$30.00 TRYOUT FEE REGARDLESS OF WHETHER OR NOT THEY HAVE PREVIOUSLY PLAYED FOR THE WILDCATS. TRYOUT FEE IS NON-REFUNDABLE AND IS DUE UPON SIGN-IN. IMPORTANT NOTE: ALL PLAYERS WILL BEGIN TRYOUTS WITH THEIR JUNIOR HIGH/HIGH SCHOOL CLASS GROUPS AS SET FORTH BELOW.

TRYOUT DATES AND TIMES*:

► Sunday February 28, 2010	
7th-8th & Frosh	10:30am-10:45am - Sign-in and Registration 10:45am-12:15pm - Tryouts
Juniors & Sophs	9:00am - 9:15am - Sign-in and Registration 9:15am - 10:45am - Tryouts
► -----day March ---, 2010	If necessary, a second day of tryouts will be held at a date to be determined.
☆ Tuesday March 2, 2010	
All Teams	9:00pm - Final* rosters posted on website
	<small>*subject to additions from players still involved in sectionals or coming back from injury</small>

*TRYOUT DATES AND TIMES ARE SUBJECT TO CHANGE -- VISIT OUR WEB SITE TO CONFIRM TRYOUT DATES AND TIMES IMMEDIATELY BEFORE ATTENDING (WWW.UNITYWILDCATS.NET).

Unity Wildcats Tryouts Information

To all parents and players:

The enclosed packet includes some basic information on our team. If you have any additional questions or need further information, please visit our website at <http://unitywildcats.net>.

Though we will retain a number of players from last year's team, every player will be given a fair and full opportunity to make this year's roster. We anticipate that the competition for roster spots will be very competitive. We are always in need of taller, bigger inside players and that is a major focus of our tryouts. If you have a fear that you may be cut from the team and that you will be terribly embarrassed or deeply, personally hurt as a result, **DO NOT TRY OUT!**

TRYOUTS ARE OPEN TO PLAYERS ONLY (CLOSED TO PARENTS AND FRIENDS). WE ASK THAT ALL PARENTS MAKE ARRANGEMENTS TO OCCUPY THEIR TIME ELSEWHERE.

Ideally, we would like to carry nine or ten (9-10) players on each roster, but we may carry as few as eight (8) or as many as eleven (11). Our initial plan --SUBJECT TO CHANGE-- is to have the older teams participate in 9-10 tournaments and the younger teams play in 7 tournaments.

Please read the Unity Wildcats "Info" Page on the web site thoroughly. The Wildcats Club requires serious dedication and commitment from both players and families. If you are chosen for a roster, you will be expected to give a 100% effort and level of focus. You are not trying out for "rec league" basketball. Your coaches and teammates expect and require your diligent attendance at both practices and tournaments. We are an interdependent group, if even one player fails to fulfill her commitment, the entire team suffers.

Finally, we ask everyone (players and parents) to keep the entire AAU Basketball experience in perspective. It is simply one small part of our lives. Being cut from a team like the Wildcats does not mean that you are not a good player. It does not mean that we don't like you. It does not mean that our evaluation of you is correct. It simply means that you won't play for the Wildcats -- nothing more, nothing less.

All questions/inquiries are welcome. Good luck!

Coach Mannion
Unity Wildcats
<http://unitywildcats.org>

AAU UNITY WILDCATS TRYOUT REGISTRATION FORM

Player Name _____

Parents'/ Guardians' Name(s) _____

Address _____

Parent Cell # () _____ - _____ (Whose? Mom /Dad)

Player Cell # () _____ - _____

Birthdate _____ / _____ / _____

Player E-mail _____ @ _____

Parent E-mail _____ @ _____

School/Grade _____

Playing Experience _____

UNITY WILDCATS TRYOUTS 2010 ACKNOWLEDGMENT

I/WE, _____, UNDERSTAND THAT THE UNITY WILDCATS' TRYOUTS ARE FOR THE PURPOSE OF FILLING A LIMITED NUMBER OF ROSTER SPOTS ON THE UNITY WILDCATS AAU CLUB. THE DECISION REGARDING WHICH PLAYERS, IF ANY, ARE INVITED TO PLAY ON THE TEAM IS WHOLLY WITHIN THE DISCRETION OF THE TEAMS' COACHES. IF I ACCEPT A ROSTER SPOT ON A UNITY WILDCATS' TEAM, I SHALL MAKE A FULL AND DEDICATED COMMITMENT TO THE TEAM AND MY TEAMMATES. I UNDERSTAND THE TIME AND EFFORT OBLIGATIONS OF PLAYING FOR THE UNITY WILDCATS CLUB AND I AM PREPARED FOR THE CHALLENGE.

PLAYER SIGNATURE: _____ February , 2010

PARENT SIGNATURE: _____ February , 2010

-- FOR TEAM USE --

Junior _____

Sophomore _____

Freshman _____

8th _____

7th _____

Tryout Fee Paid _____

Parent Pledge _____

AAU Registration _____

Medical Authorization Form _____

Authorization for Medical Treatment of Minors

Name of Minor: _____ **Birthdate:** ___/___/___

Identify allergies or special medical/health conditions:

If your child needs medical, dental, health, or hospital services, the law provides that you must give your permission. A child may be treated without parental consent only when a physician determines a true emergency exists. This means the doctor determines the child needs immediate medical care and that attempts to obtain parental consent would result in a delay that would increase the risk to the child's life and health.

Sometimes a child may need unexpected medical care which is not, however, a true emergency. In such cases, making an effort to contact a parent for permission can delay treatment and create unnecessary discomfort for the child. For unexpected care that your child may need when you are not quickly reachable, you may give permission to other adults. They can act for you by permitting your child to be treated if unexpected care is needed. Please fill out this form completely. Have your signature(s) witnessed by an adult, other than yourself. This is a legal document. This document will be presented to a physician, dentist, or appropriate hospital representative at such time as unexpected medical, dental, surgical care, or hospitalization may be required.

I/we being the parent(s) or legal guardian(s) of the above named minor, do hereby appoint _____ and/or Terence A. Mannion, 345 Scott Avenue, Syracuse, New York 13224 to act in my/our behalf in authorizing unexpected medical, dental, surgical care, or hospitalization for the above named minor.

Parent/Guardian
Signature _____ Date _____
Address _____ Phone # _____

Parent/Guardian
Signature _____ Date _____
Address _____ Phone # _____

Witness
Signature _____ Date _____

Health Insurance Coverage for the above named minor:

Insurance Company _____ **ID/Contract#** _____
Family Physician Name _____ **Phone#** _____

AAU UNITY WILDCATS PARENT PLEDGE

The goals of the Unity Wildcats are simple and straightforward. Our purpose is to play together as a team and win together as a team. But, perhaps the most important aspect of the basketball learning process that we can teach our children as coaches and parents is proper comportment on and off the court.

As parents and coaches, our children learn from our example. Our parents' behavior in past seasons was sometimes very good, sometimes fair and sometimes horrible. Loud parent criticism from the stands does our children no good and does our team no good. It sets a terrible example for our children. It teaches them poor sportsmanship and embarrasses them. It also allows them to embrace the almost universally incorrect belief that referees and outside forces are responsible for losses.

As a coach, it is part of my duty and obligation to deal with game officials. Our team goal each season is to create a general impression at every tournament that our entire group (coaches, parents, players, family and friends) is the most sportsmanlike, well-behaved and polite. When we finish our last game of each tournament our goal is to have opposing teams, tournament directors and officials compliment us on our exemplary behavior.

I do not expect that we shall all be perfect throughout the year, but I do know that we can do much better. Though not mandatory, I ask that each parent read the Parent Pledge below and sign and return a copy to me. The commitment to make a stronger effort in maintaining self-control will make for a better experience for everyone.

UNITY WILDCATS PARENT PLEDGE

I HAVE READ THE PARENT PLEDGE REQUEST AND AGREE THAT THE GOALS OF THE TEAM WILL BE BEST ACHIEVED BY STRONG AND POSITIVE PARENTAL EXAMPLE. I SHALL ENCOURAGE GOOD SPORTSMANSHIP BY DEMONSTRATING POSITIVE SUPPORT FOR ALL PLAYERS, COACHES, AND OFFICIALS AT EVERY GAME AND PRACTICE. I PLEDGE TO MONITOR AND CONTROL MY EMOTIONS AND PUT FORTH MY BEST EFFORT TO AVOID LOUD, POINTED AND/OR SARCASTIC CRITICISM OF GAME OFFICIALS, PLAYERS AND/OR COACHES. I AGREE AND UNDERSTAND THAT THE GAMES ARE ORGANIZED AND PLAYED FOR OUR DAUGHTERS, NOT FOR PARENTS.

SIGNATURE: _____ February , 2010

SIGNATURE: _____ February , 2010

UNITY WILDCATS TEAM RULES 2010

1. **NO FOUL LANGUAGE** -- IN ADDITION TO SWEAR WORDS WE CANNOT LIST HERE, THE FOLLOWING LANGUAGE MAY **NOT** BE USED: IDIOT, DUMB, STUPID, JERK, SLOB, SUCK, STINK, BUTT, SHUT-UP, ETC.
2. **WHEN COACHES TALK, PLAYERS LISTEN** -- YOUR COACHES ARE INVOLVED BECAUSE THEY WANT TO HELP YOU LEARN. PAY ATTENTION. **NO TALKING BACK TO COACHES.**
3. **WE ARE A TEAM** -- ENCOURAGE, PROTECT AND DEFEND YOUR TEAMMATES. DO NOT TEAR THEM DOWN!! EVERYONE IS LEARNING TOGETHER. EVERYONE WILL MAKE MISTAKES. DO NOT PLACE BLAME ON OTHERS. DO NOT CRITICIZE OTHERS. DO NOT COMPLAIN.
4. **TRY YOUR BEST AT ALL TIMES** -- TOP EFFORT IS EXPECTED FROM EVERYONE.
5. **BE A GOOD CITIZEN** -- BE GENEROUS, COURTEOUS AND PATIENT WITH TEAMMATES, OPPOSING PLAYERS, PARENTS, FANS, COACHES AND REFEREES. YOUR ACTIONS AND ATTITUDES REFLECT DIRECTLY ON YOU, YOUR PARENTS AND YOUR TEAMMATES.

PRACTICE AND GAME RULES

1. **TOURNAMENT ATTENDANCE -- TOURNAMENT ATTENDANCE IS MANDATORY.** THE ONLY ACCEPTED EXCUSES FOR MISSING A TOURNAMENT ARE: LEGITIMATE INJURY, ONE (1) PROM/SEMI EACH SEASON, FAMILY EMERGENCY, SIBLING'S GRADUATION. YOUR TEAMMATES DEPEND ON YOU. YOUR ABSENCE PUTS AN UNFAIR AND UNDESIRABLE STRAIN ON ALL OF YOUR TEAMMATES.
2. **PRACTICE ATTENDANCE** -- ATTENDANCE AT PRACTICES IS CRITICAL. IF YOU LIVE WITHIN A 50 MILE RADIUS OF SYRACUSE, NY, YOU ARE EXPECTED TO MAKE EVERY PRACTICE. **FAILURE TO ATTEND PRACTICES WILL REDUCE PLAYING TIME IN GAMES, REGARDLESS OF EXCUSES.**
3. **BE ON TIME** -- TARDINESS WILL RESULT IN REDUCED PLAYING TIME. **ANY PLAYER NOT PRESENT AT LEAST 15 MINUTES BEFORE GAME TIME MAY NOT PLAY IN THE FIRST QUARTER OF THE GAME.**
4. **TEAM UNIFORM** -- YOUR TEAM UNIFORM IS A SYMBOL OF TEAM UNITY AND DISCIPLINE. THE TEAM UNIFORM INCLUDES THE JERSEY AND SHORTS ISSUED TO YOU AT THE START OF THE SEASON **AS WELL AS WHITE SOCKS.** THE TEAM UNIFORM DOES **NOT** INCLUDE THE **WEARING OF RED, BLACK, PINK, YELLOW, GREEN AND/OR OTHER COLORED SOCKS.**
UNIFORM SHIRTS MUST BE TUCKED IN DURING GAME DAY WARMUPS AND DURING GAMES!! WHEN YOU LOOK SLOPPY, YOU PLAY SLOPPILY.
5. **CELL PHONES/MOBILE DEVICES** – MAY **NOT** BE USED ON THE BENCH STARTING 10 MINUTES BEFORE GAME TIME AND CONTINUING THROUGHOUT THE DURATION OF THE GAME.
6. **BENCH CONDUCT** -- ALL PLAYERS MUST PAY ATTENTION TO THE GAME AT ALL TIMES. **WHEN YOU ARE NOT IN THE GAME, YOU ARE EXPECTED TO WATCH YOUR TEAMMATES AND**

CHEER THEM ON REGARDLESS OF SCORE OR GAME SITUATION. NO EATING OR DISTRACTING BEHAVIOR IS ALLOWED ON THE BENCH.

DO NOT ASK THE COACH TO GO IN THE GAME. DO NOT MAKE CONTINUING OR CONSTANT SUGGESTIONS ABOUT GAME PLAY OR STRATEGY WHILE ON THE BENCH. CONSISTENT TALKING, COMPLAINING AND OR CRITICISM FROM THE BENCH WILL RESULT IN REDUCED PLAYING TIME AND/OR SUSPENSION FROM THE TEAM.

7. **REFEREES** - - NEVER, NEVER, NEVER ARGUE WITH A REFEREE OVER A CALL. IT IS YOUR COACHES' JOB TO DEAL WITH REFEREES. IF YOU HAVE A PROBLEM WITH A REFEREE OR A REFEREE CALL, TELL ONE OF YOUR COACHES.

TRAVEL RULES

1. **CURFEW & MUTUAL RESPECT** - - WHEN OUR TOURNAMENTS REQUIRE OVERNIGHT STAYS, ALL TEAM MEMBERS MUST BE IN THEIR ROOMS AT 10:30PM WITH LIGHTS OUT AT 11:00. WHEN ROOMING WITH OTHER TEAM MEMBERS, BE RESPECTFUL AND PATIENT. TOURNAMENTS ARE TIRING DO NOT KEEP TEAM MEMBERS AWAKE WHEN THEY NEED SLEEP!
2. **CHAPERONES** - - IF YOUR PARENTS DO NOT ACCOMPANY YOU ON AN OVERNIGHT STAY, YOUR COACHES AND OTHER CHAPERONING PARENTS WILL BE ACTING IN PLACE OF YOUR PARENTS. SHOW THEM SPECIAL RESPECT. ANY PLAYERS WHO DISOBEY OR IGNORE THE DIRECTION OF CHAPERONES WILL BE SUSPENDED FROM THE TEAM.
3. **BUDDY SYSTEM** - - PLAYERS **MAY NOT** GO ANYWHERE ALONE WHEN WE ARE ON THE ROAD. PLAYERS MUST RECEIVE PERMISSION FROM A PARENT OR CHAPERONE TO LEAVE THE TRAVELING TEAM GROUP. PLEASE PRACTICE THE BUDDY SYSTEM AT ALL TIMES. KEEP A CLOSE WATCH OVER YOUR FELLOW TEAMMATES. DO NOT ASSUME THAT ANY VENUE AT WHICH WE PLAY IS SAFE. BE CAREFUL AND ALERT!
4. **ALCOHOL AND DRUGS** - - ANY PLAYERS FOUND CONSUMING ALCOHOL AND/OR DRUGS WILL BE EXPELLED FROM THE TEAM IMMEDIATELY WITH COMPLETE FORFEITURE OF ALL FEES PAID. IF YOUR COACH DETERMINES THAT YOU HAVE USED DRUGS AND/OR ALCOHOL WHILE AT A TOURNAMENT, HIS/HER DECISION IS FINAL.

CONSEQUENCES OF FAILING TO FOLLOW TEAM RULES:

—REDUCED PLAYING TIME, SUSPENSION, REMOVAL FROM ROSTER AND/OR EXPULSION FROM TEAM.

DETERMINATIONS CONCERNING TEAM RULES VIOLATIONS SHALL BE MADE IN THE SOLE DISCRETION OF YOUR COACHES. THERE IS NO APPEAL!! IF YOU ARE SUSPENDED OR EXPELLED FROM THE TEAM FOR VIOLATION OF TEAM RULES, YOU WILL FORFEIT ANY AND ALL REGISTRATION FEES.